2010 Medical Benefits Highlights – Seattle Police Officers' GuildThe purpose of this document is to help you make decisions; it is not a contract. Details are provided in your medical plan booklet at

http://www.seattle.gov/personnel/resources/benefits documents.asp.

Group Health Cooperative (GHC)		City of Seattle Traditional Plan		City of Seattle Preventive Plan	
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Deductible (per calendar year)					
No deductible	\$200 per person \$600 per family Deductible applies except for prescriptions, preventive visits, ambulance, and durable medical equipment, except as noted.	\$100 per person \$300 per family	\$450 per family	Does not apply	\$250 per person \$750 per family
		, if applicable. Aetna Copays do not apply towards OOP Max.			
\$750 per person	\$2,000 per person \$6,000 per family	\$400 per person. Applies to 20% coinsurance.		\$500 per person \$1,000 per family	\$3,000 per person* \$6,000 per family*
\$1,500 per family		comsurance.	40% comsurance.	\$1,000 per failing	\$6,000 per family*
Maximum Lifetime Benefits Payable Combined \$2,000,000 lifetime maximum for Standard and Deductible plans		Combined \$2,000,000 lifetime maximum in- and out-		ut-of-network for Traditional and Preventive plans	
Hospital Copay					
Paid at 100%	Paid at 100%	Paid at 100%	Paid at 100%	Paid at 100%	Paid at 100%
Hospital Pre-admission Author	rization				
Except for maternity or emergency admissions, must be authorized by GHC		Except for maternity or emergency admissions, your physician must contact Aetna prior to your admission		Except for maternity or emergency admissions, your physician must contact Aetna prior to your admission	
Choice of Providers					
All care and services must be approved and/or provided by GHC or GHC designated providers. Members may self-refer to most GHC specialists.		Aetna contracted provider members. No primary care physician selection required. No referrals required.		Aetna contracted provider member. No primary care physician selection required. No referrals required.	Any licensed, qualified provider of your choice. Expenses paid based on recognized charges*. You pay the difference between recognized and billed charges.
COVERED EXPENSES					
Acupuncture					
Paid at100%. 8 visits per condition per year self-referred. Additional visits with PCP referral.	self-referred. Additional visits with PCP referral.	Paid at 80% Maximum of 12 visit for in- and out-of-no	s per calendar year	Paid at 100% after \$5 copay	Paid at 70%
Alcohol/Drug Abuse Treatmen					
Paid at 100% after \$200 copay	Paid at 100%	Paid at 80%	Paid at 80%	Paid at 100% after \$5 copay.	Paid at 70%
Contraceptives		7.11	D.11 . 600/	7.11 1000/	D. 1.1 . = 200 /
For contraceptive drugs and devices, see Prescription Drug benefit		Paid at 80%	Paid at 60%	Paid at 100%	Paid at 70%
Durable Medical Equipment		_	2024		
Paid at 80% Paid at 80%		Paid at 80%		Paid at 100%	Paid at 70%
Emergency Medical Care					
➤ Urgent Care Clinic Paid at 100%.	Paid at 100% after \$20 copay	Paid at 100% after \$35 copay		Paid at 100% after \$35 copay (no fee for preventive care)	Paid at 70%.
> Emergency Room (copays waived if admitted)					

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Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network		
\$25 copay (waived if admitted).		Paid at 80%.	Paid at 80%. Non-emergency, paid at 60%.	Paid at 100% after \$50 copay	Paid at 100% after \$50 copay. Non-emergency paid 70% after \$50 co-pay.		
➤ Ambulance							
Paid at 80%. GHC-initiated non-emergency transfers are paid at 100%	Paid at 80%. GHC-initiated non-emergency transfers are paid at 100%	Paid at 80% when medically necessary.		Paid at 100% when medically necessary. Non-emergency transportation must be approved in advance by Aetna.			
Home Health Care							
Paid at 100% when authorized. No visit limit.	Paid at 100% when authorized. No visit limit.	Paid at 90% Maximum benefit of 130 visits per calendar year for in- and out- of-network combined.		Paid at 100% Paid at 70% Maximum benefit of 130 visits per calendar year for in- and out- of-network combined.			
Hospital Inpatient							
Covered in full.	Paid at 100%	Paid at 80%	Paid at 60%	Paid at 100%	Paid at 70%		
Hospital Outpatient							
Covered in full.	Paid at 100% after \$20 copay	Paid at 80% after deductible.	Paid at 60% after deductible.	Paid at 100%	Paid at 70%		
Hospice							
Paid at 100% when authorized	Paid at 100% when authorized			Paid at 100%. Maximum of 6 months for inpatient and outpatient combined. Additional 6 months available if authorized.	Not covered		
Maternity Care (delivery & related hospital)							
Paid at 100%.	Paid at 100%	Paid at 80%	Paid at 60%	Paid at 100%	Paid at 70%		
Maternity Care (prenatal and postpartum)							
Paid at 100%.	Paid at 100% after \$20 copay. Deductible applies.	Paid at 80%	Paid at 60%	Paid 100% after \$5 copay	Paid at 70%		
Mental Health Care (inpatient)							
No limit. Covered in full.	No limit. Covered in full	Paid at 80%	Paid at 60%	Paid at 100%	Paid at 70%		
Mental Health Care (outpatient)							
Paid at 100%.	Paid at 100% after \$20 copay	Paid at 80%	Paid at 60%	Paid at 100% after \$5 copay	Paid at 70%.		
Physician Office Visit							
Paid at 100%.	Paid at 100% after \$20 copay	Paid at 80%	Paid at 60%	Paid at 100% after \$5 copay	Paid at 70%		

Prescription Drugs (retail)							
For a 30 day supply: \$3 copay. Contraceptive drugs and devices are subject to the pharmacy copay. Copays do not apply to the out-of-pocket maximum.	Brand: \$30 copay Contraceptive drugs and devices are covered subject to the pharmacy copay. Copays do not apply to the out- of-pocket maximum.	For a 34-day supply: Generic: \$5 copay Some generic maintenance drugs dispensed as greater of 34-day supply or 100 units. Preferred brand-name: \$10 copay. Non-preferred: \$25 copay. Many contraceptive products are covered. IUS and Depo Provera are covered under the medical plan benefits. Copays do not apply to out-of-pocket maximum. Pharmacy out-of-pocket maximum of \$1,200 per individual or \$3,600 per family.	Not covered	For a 31-day supply: Generic: \$5 coapy Preferred brand name: \$10 copay. Non-preferred drugs: \$25 copay. Many contraceptive products are covered. IUDs and Depo Provera are covered under the medical plan benefit. Copays do not apply to out-of- pocket maximum. Pharmacy out-of-pocket maximum of \$1,200 per individual or \$3,600 per family.			
Prescription Drugs (mail order)							
Mailing service available, subject to a \$3 copay per 30-day supply. Contraceptive drugs and devices are covered subject to the pharmacy copay. Copays do not apply to the annual out-of-pocket maximum.	Brand: \$60 copay Contraceptive drugs and devices	For a 90-day supply: Generic: \$10 copay Preferred brand name: \$20 copay Non-preferred drugs: \$50 copay	Not Covered	For a 90-day supply: Generic: \$10 copay Preferred brand name: \$20 copay Non-preferred drugs: \$50 copay	Not covered		
Preventive Care							
Paid at 100%. Most immunizations, hearing exams, eye exams, mammograms.	For preventive care visits, most immunizations, mammograms and eye exams not subject to deductible. Hearing exams are subject to deductible.	Paid at 80% for mammograms. Other preventive services not covered.	Paid at 60% for mammograms. Other preventive services not covered.	Paid at 100% for routine physical exams, well child care, immunizations, well woman care and mammograms.	Paid at 70% for well woman care and mammograms. No other preventive services are covered.		
Rehabilitation Services (inpatie							
Paid at 100%	Paid at 100%	Paid at 80%	Paid at 60%	Paid at 100%	Paid at 70% after \$200 copay		
Maximum of 60 days per calendar year for all types of rehabilitation.	Maximum of 60 days per calendar year for all types of rehabilitation.	Lifetime maximum of \$50,000 per condition for in-network and out-of-network combined.		Maximum 120 days per calendar year for in- and out-of-network combined.			
Rehabilitation Services (outpati							
Paid at 100%	Paid at 100% after \$20 copay	Paid at 80%	Paid at 60%	Paid at 100% after \$5 copay	Paid at 70%		
Maximum of 60 visits per calendar year for all types of rehabilitation.	Maximum of 60 visits per calendar year for all types of rehabilitation.	Coinsurance does not apply to the annual out-of-pocket maximum. Maximum calendar year benefit of \$2,000 for in-network and out-of-network combined.		Benefit includes physical/massage, speech, occupational and cardiac/pulmonary therapy. Out-of-network coinsurance does apply to the annual out-of-pocket maximum. Maximum of 20 visits for each of the above listed benefits per calendar year for innetwork and out-of-network combined.			

Skilled Nursing Facility							
	Paid at 100%; 60 day maximum	Paid at 80%	Paid at 60%	Paid at 100%	Paid at 70%		
per calendar year.	per calendar year.		Maximum of \$600 per				
	1 2		occurrence				
		Maximum of 90 days r	Maximum of 90 days per calendar year for Maximum of 120 days per calendar year for		s per calendar vear for		
		in- and out-of-nety		in- and out-of-network combined			
Smoking Cessation							
Paid at 100% for	Paid at 100% for	Lifetime maximum of one 90-day	Not covered.	Not covered.	Not covered		
individual/group sessions	individual/group sessions	supply of smoking cessation aids					
through Free and Clear.	through Free and Clear. Nicotine	or drugs. See Prescription Drugs,					
Nicotine replacement therapy	replacement therapy included in	retail.					
included in Prescription Drugs	Prescription Drugs benefit. No						
benefit. No co-pay for all	copay for all smoking cessation						
smoking cessation prescription	prescription drugs.						
drugs.							
Spinal Manipulations							
Paid at 100%	Paid at 100% after \$20 copay.	Paid at	80%	Paid at 100% after \$5 copay	Paid at 70%		
Self-referral to GHC	Self-referral to GHC designated						
designated providers.	providers. Must meet GHC						
Must meet GHC protocol.	protocol.						
		Maximum of 10 visits		Maximum of 20 visits per calendar year			
Maximum of 10 visits per calendar year.		for in-network and out-o	of-network combined	for in-network and out-of-network combined.			
Sterilization Procedures	#20	In : 1 + 000/	D :1 + 600/	Tr	D '1 + 500/		
Covered in full	\$20 copay	Paid at 80%	Paid at 60%	Inpatient: Paid at 100%	Paid at 70%		
Tooth Injury (due to accident)							
Not covered.	Not covered	Paid at	80%	Inpatient: Paid at 100%	Paid at 70%		
				Outpatient: Paid at 100%			
				after \$5 copay.			
Vision	YY 1 1	0 1 1 17	. C . DI		' ' C ' DI		
Hardware: \$100 per 24 month	Hardware: not covered	Covered under Visi	ion Service Plan.	Covered under V	ision Service Plan.		
period.	W:: P :1 : 1000/ C						
	Vision exam: Paid at 100% after						
Vision exam: Covered in full	\$20 copay						
	Covernos also musuidad vii dai						
Coverage also provided under	Coverage also provided under Vision Service Plan.						
Vision Service Plan.	vision Service Pian.						
X-ray and Lab Tests							
Paid at 100%	Paid at 100%.	Paid at 80%	Paid at 60%	Paid at 100%	Paid at 70%		

^{*} Applies to Aetna -- Recognized charges are the lower of the provider's usual charge for performing a service, and the charge Aetna determines to be the recognized charge percentage in the geographic area where the service is provided.

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